



2018 Be Prepared for your day trip with Ascending Path Guides

What does one wear for an Alaskan trip of a lifetime!? The following may be helpful for your Alaska trip packing and planning. The more comfortable you are with good gear, the more you will enjoy traveling in our wilderness. The following recommendations apply to most other wilderness travel adventures. Remember, "There is no bad weather, just bad clothing... (and unprepared people)". Please help your guide out by arriving prepared.

For hiking, kayaking and climbing in the Alaskan wilderness, COTTON clothes are *not recommended!*

Yup, sorry, no blue jeans....

ADVICE: wear comfortable warm synthetic clothes dressing in layers:

- Thin Long Underwear tops and bottoms (optional) Recommended: [Patagonia Capilene](#)
- Long Wool Socks (required) Recommended: [Patagonia Crew Socks](#)
- Long Synthetic pants (required) Recommended: [Patagonia Alpine Pants](#)
- Fleece jacket or thin "mid layer" (required) Recommended: [Patagonia R1 Fleece](#)
- Rain Jacket (required, but we provide as well) Recommended: [Patagonia TorrentShell](#)
- Rain Pants (optional) Recommended: [Patagonia TorrentShell](#)
- Gloves, liner (optional) Recommended: [Patagonia Polartec liners](#)
- Warm Hat (required for glaciers) Recommended: [Patagonia Fleece Beanie](#)
- Sunglasses (required for glaciers) Recommended: [Smith Optics](#)
- Ball cap (optional) Recommended: [Ascending Path Ball Cap](#)
- Hiking boots or trail sneakers (required) Recommended: [Hiking Mid Boots or similar](#)
- Small "day" backpack (optional) Recommended: [Osprey Talon 18](#)
- Personal water bottle (fillable at Hotel Alyeska, on the Trains and on the Glacier!)
- Camera (just darn silly not to bring...)

Local Gear and Clothing Resources:

- In Anchorage, we recommend [REI](#) and [AMH](#).
- In Girdwood: Hotel Alyeska [Mountain Sports Shop](#) and local favorite: [Powderhound](#).

If you have any questions about what to wear or bring, reach out to your booking agent, or [contact us](#) directly. We all want you to *Be Prepared* for your Alaskan Adventures!

Sincerely- Ascending Path Management 907.783.0505